



What to Expect:

Surgery Amidst the Coronavirus (COVID-19) Pandemic

Your health is always of the upmost importance to us. During the pandemic we are taking extra precautions to keep you safe while awaiting surgery. If you are unable to adhere to these requirements your surgery may be delayed or cancelled. To proceed with surgery, you will be asked to:

- ✓ **Undergo testing** for coronavirus (COVID-19) - Your Surgeon or Primary Care Provider will order a test for coronavirus to be completed approximately seven days or less prior to the day of your surgery.

- ✓ **Self-Isolate** to decrease the risk of exposure to anyone who might have coronavirus (COVID-19).
 - COVID-19 is a new disease and we are still learning about how it is spread. We do know it is most often spread between people who are in close contact with one another (about 6 ft). To decrease your risk of exposure prior to surgery, practice social distancing by keeping at least 6 ft between yourself and anyone who is not part of your household or has interacted with those outside your household.

- ✓ **Cleaning and Personal Hygiene** - COVID-19 can be spread by touching surfaces or objects that have the virus on them and then touching your mouth, nose or eyes.
 - To prevent this from occurring frequently wash your hands with soap and water for at least 20 seconds or use an alcohol-based hand sanitizer.
 - Always wash or sanitize your hands after
 - Blowing your nose, coughing, or sneezing
 - Before eating or preparing food
 - After contact with pets or animals
 - Before and after providing care for another person such as a child.
 - Frequently clean high touched surfaces such as tables, doorknobs, light switches, handles, phones, keyboards, toilets, sinks and faucets in your house.

If you have any questions, please call us at _____

Thank you for choosing to receive your care from Samaritan Health Services!

- ✓ **Daily phone calls from our Pre-Operative Team-** Our staff will call you to check on you and make sure you are healthy for surgery, this includes assessment for symptoms, contact with sick people, and adherence to social distancing.
- ✓ **Symptom Tracking-** Please perform symptom self-monitoring, with the chart provided, prior to your scheduled surgery date. These include fever ≥ 100.4 degrees F, cough, muscle aches, fatigue or difficulty breathing. If you have noted any of these or have been in contact with anyone exhibiting these symptoms, please notify your surgeon. We will also ask you to track your activity on the same chart, to make sure you are adhering to the social and physical distancing requirement.

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